

## DOGS HEALTH GUIDE

**Herbal medicine cabinet for dogs:**

**- Goldenseal and echinacea (liquid form), organic apple cider vinegar, Inflammator, green clay (powder)**

**For my growing pet, I give him every day Noni because this product support the immune, nervous, respiratory and structural systems.**

Health Problem	Herbs	Manufacturer or Distributor	Posology
Arthritis and inflammation of joint	Devil's claw root, meadow sweet herb, and dehydrated goat whey	ART-A from Nature's Sunshine or Inflammator from Nutripur and add Capra mineral whey	ART-A: 2 capsules 3 times per day; or Inflammator: 2 capsules 3 times per day; and Capra: 1 tbs morning and night with meal
Ear infection	Organic apple cider vinegar or organic garlic		Fifty-fifty water and apple vinegar then wash ear one time per day or Put one clove of garlic in one ounce of water, blend it and filter with a Scott towel and put a few drop in the ear.
Eye infection	Eyebright and goldenseal		open 1 capsule of each and put it in half a cup of boiled water. Filter with Scott towels and wash the eye.
Growing pains	Meadow sweet herb and noni (morinda)	Inflammator from Nutripur and Noni from Nature's Sunshine	Inflammator: 2 capsules 3 times per day; and Noni: 1 capsule 3 times per day
Hot spot	Chinese herbal and green clay in powder	HRP-C from Nature's Sunshine	HRP-C: 4 capsules 2 times per day; Clay: sprinkle on the spot
Parasites(intestinal)	Black Walnut	Black Walnut from Nature's Sunshine or Vermifuge-fongicide from L'Herbotheque	Black Walnut: 2 capsules morning and evening or Vermifuge-fongicide: 7 drops 3 times per day

Skin (allergies and itchy problem)	Yellow dock, burdock, red clover	BP from Nature's Sunshine	BP: 2 capsules morning and evening
Urinary infection	Uva Ursi, marshmallow, juniper berry and goldenseal and echinacea	K from Nature's Sunshine or Diuréna from L'herbotheque and add goldenseal and echinacea like at the viruses or bacterial infection	K: 2 capsules 3 times per day; or Diuréna: 7 drops 3 times per day and Goldenseal and échinacea (liquid) at the same posology in the viruses infection
Viruses or bacterial infections (including cough kennel, parvovirus, distemper ect....)	Goldenseal Echinacea and you can add the chinese herbal HRP-C	L'herbotheque Nature's Sunshine and Nature's Sunshine or or	Goldenseal and echinacea from L'herbotheque: 4 drops per hour from each and after, 7 drops from each 3 times per day for 2 weeks. or Echinacea-goldenseal from Nature's Sunshine: 10 drops per hour for 24 hours and after, 20 drops 3 times per day for 2 weeks. and HRP-C: 2 capsules 3 times per day or if it's liquid : 1 tsp 2 times per day

**N.B. The posology is for a 70 pounds and more dog weight. For smaller dogs, reduce half of the posology and for the little ones, like the toy dog, you have to reduce to 3/4.**

**For the vaccination, this subject is very controversial. I do not vaccinate my dog. I rather give him an excellent nutrition because it's the foundation of an healthy and strong immune system. Hence, I give him raw meat and bone with organic raw vegetables and fruits. More, I add garlic and spirulina. These 2 products enhance the immune system. If my dog look like sick or have diarrhea, cough, ect... I give him immediately liquid goldenseal and echinacea (because liquid is much faster) like the posology shown in the above table for viruses and bacteria infection . Goldenseal is a natural antibiotic and a antiviruses. Echinacea reinforces the immunity system. The HRP-C fights chronic infection, viral and yeast infection. You can add HRP-C to the goldenseal and echinacea combination but does not replace the combination.**